

How to use this study tool

The teachings on Sundays are designed to reach you in your journey with God. They should lead you toward transformation and growth. We invite you to use this tool in your daily walk alone, in your family, or with a small community group. We believe that life change happens in community and hope this tool will develop practices and experiences that reflect this life change; becoming more like Jesus Christ.

csi : COMMUNITY SERMON
: INVESTIGATION



Lust

“With the lusts of passion I have darkened the beauty of my soul, and turned my whole mind entirely to dust.”

1. Is lust always about sex?
2. Why is lust destructive?
3. What kind of strength is found in overcoming lust? What can this strength do in your life?

C.S. Lewis in *The Weight of Glory* writes: *“We are told to deny ourselves and to take up our crosses in order that we may follow Christ; and nearly every description of what we shall ultimately find if we do so contains an appeal to desire... If we consider the unblushing promises of reward and the staggering nature of the rewards promised in the Gospels, it would seem that our Lord finds our desires, not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at sea. We are far too easily pleased.”*

4. How is being “pure of heart” lead us to a new way to be human?
5. What can you take away from the sermon this week and put it into our daily practice?