

How to Use this Message Tool

The teachings on Sundays are designed to reach you in your journey with God. They should lead you toward transformation and growth. We invite you to use this tool in your daily walk alone, in your family, or with a small community group. We believe that life change happens in community and hope this tool will develop practices and experiences that reflect this life change; becoming more like Jesus Christ.

There are three parts to this tool: Questions serve to incorporate what you learn into how you act, think, and talk; Practices are disciplines to which you submit so that a specific character quality develops more fully in you; Experiences are activities in which you engage that help you change the way you think about the world.



Envy & the Mourner

“Envy has the deadly ability to distract my heart and mind from the daily bread God puts in my hands each morning, focusing me instead on the gifts, status, talents, and joys he gives to others. This is not only a rejection of the good that God has given to me; this is a desire to become someone I’m not, was never made to be, and will not enjoy becoming if my jealousy ever were to succeed.” [Jeff Cook, Seven: the Deadly Sins and the Beatitudes. (Grand Rapids: Zondervan, 2008), 52.]

1. List some things that make you envious.
2. Do you find it difficult to be happy for other people’s success or material goods?
3. How can “envy” torment a person? What do you think this person is lacking?
4. How can someone who “mourns” lack something? How can this be a blessing?
5. What have you learned about “envy and mourning” from the sermon this Sunday? How will you use or apply it in your life?